



## ALL IN ONE PLACE BASE CAMP HOW YOU LEARN BEST

### INSTRUCTIONS

Completing this questionnaire will help you discover and understand how you learn and understand concepts you are taught in the classroom and the things you like to do in your daily life.

This is not a test. HOW YOU LEARN BEST is designed to find out your Learning Styles so that you can learn in a way that makes learning easy for you.

Read the options in each row and check **ONE** option that best describes you. The first row is an example so you can easily complete the questionnaire.

### EXAMPLE

I like playing and watching most sports.	I only play and watch the sports I like.	I don't like sports and would rather do something else.
	✓	



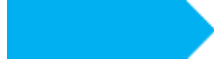


## NOW YOU GO!

I like lessons where we discuss ideas.	I like lessons where there is something to look at like a video.	I like lessons where we do something practical, move around or go outdoors.
I often fiddle with a pen or pencil in class.	I often sing or hum softly in class.	I often doodle in class.
When I learn a new skill, I prefer to just get on with it.	When I learn a new skill, I prefer someone to explain to me how to do it.	When I learn a new skill, I prefer to watch someone else show me how to do it.
I like watching adverts on TV.	I get up and do something else when adverts are on TV.	I sing or hum along to adverts on TV
I prefer listening to a story.	I prefer seeing a comic strip of a story.	I prefer acting out a story
I am good at learning physical skills.	I easily remember people's names.	I easily remember people's faces.
Good teachers use diagrams and pictures to understand ideas.	Good teachers get us to do an activity to understand ideas.	Good teachers talk to explain ideas.
I like talking in class.	I like drawing on the desk or books when I'm in class.	I like fidgeting or moving around in class.
On a long journey, I look at the scenery or read a book.	On a long journey, I can't wait until we stop so I can walk around.	On a long journey, I listen to music or talk with other people.



When I talk with my friends, I use my hands a lot.	When I talk with my friends, I sometimes use words that they don't know.	When I talk with my friends, I like to doodle.
If I was famous, I would be a sportsperson or a dancer.	If I was famous, I would be a movie-star.	If I was famous, I would be a pop artist.
I like playing outside.	I like watching my favourite TV programme.	I like listening to my favourite music.
I get distracted if I see something or someone outside the window.	I get distracted if I hear something happening outside.	I can't concentrate if I have to sit still for a long time.
I am good at drawing.	I am good at making things.	I am a good listener.
I would like to be a TV presenter.	I would like to be an engineer.	I would like to be a designer or artist.
In my spare time, I like to play sport or dance.	In my spare time, I like to watch TV or YouTube videos.	In my spare time, I like listening to music.
'Spot the Difference' games are fun.	'Name the song' games are fun.	Difficult video games with endless levels are fun.
If I needed to assemble furniture, I would ask somebody to explain how or read the instructions to me.	If I needed to assemble furniture, I would work out which pieces fit together.	If I needed to assemble furniture, I would study the diagrams that come with the furniture.



## WORK OUT YOUR LEARNING STYLE!

People learn and discover ideas and concepts in three main ways

- Seeing (Visual)
- Listening (Auditory)
- Doing things or moving (Kinaesthetic).

There is no right or wrong way to learn. This activity is designed to help you understand the way you learn best. Understanding your Learning Style will help you to study effectively for school tests and examinations.

Compare your answers with the ones below by counting the number of A's, K's and V's you scored. If you scored mainly A's, these means you learn best by listening; you are an Auditory Learner. You may also be more than one type of learner. For example, you could be good at Art, which means you are Visual but also enjoy football, which means you are Kinaesthetic.

Once you have totalled your results, draw a bar chart like the one at the end of this score sheet. The chart will give you and your parents a clear picture of your Learning Styles.

### SCORING YOURSELF...

I like lessons where we discuss ideas.	I like lessons where there is something to look at like a video.	I like lessons where we do something practical, move around or go outdoors.
<b>A</b>	<b>V</b>	<b>K</b>
I often fiddle with a pen or pencil in class.	I often sing or hum softly in class.	I often doodle in class.
<b>K</b>	<b>A</b>	<b>V</b>
When I learn a new skill, I prefer to just get on with it.	When I learn a new skill, I prefer someone to explain to me how to do it.	When I learn a new skill, I prefer to watch someone else show me how to do it.
<b>K</b>	<b>A</b>	<b>V</b>



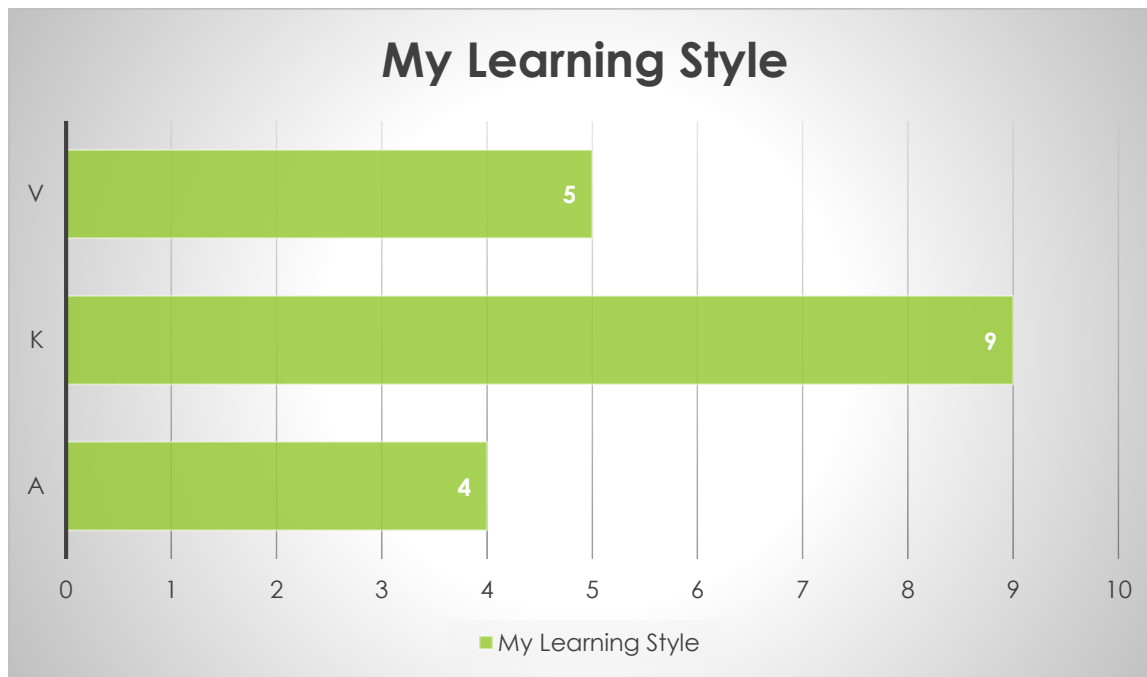
I like watching adverts on TV.	I get up and do something else when adverts are on TV.	I sing or hum along to adverts on TV
<b>V</b>	<b>K</b>	<b>A</b>
I prefer listening to a story.	I prefer seeing a comic strip of a story.	I prefer acting out a story
<b>A</b>	<b>V</b>	<b>K</b>
I am good at learning physical skills.	I easily remember people's names.	I easily remember people's faces.
<b>K</b>	<b>A</b>	<b>V</b>
Good teachers use diagrams and pictures to understand ideas.	Good teachers get us to do an activity to understand ideas.	Good teachers talk to explain ideas.
<b>V</b>	<b>K</b>	<b>A</b>
I like talking in class.	I like drawing on the desk or books when I'm in class.	I like fidgeting or moving around in class.
<b>A</b>	<b>V</b>	<b>K</b>
On a long journey, I look at the scenery or read a book.	On a long journey, I can't wait until we stop so I can walk around.	On a long journey, I listen to music or talk with other people.
<b>V</b>	<b>K</b>	<b>A</b>
When I talk with my friends, I use my hands a lot.	When I talk with my friends, I sometimes use words that they don't know.	When I talk with my friends, I like to doodle.
<b>K</b>	<b>A</b>	<b>V</b>
If I was famous, I would be a sportsperson or a dancer.	If I was famous, I would be a movie-star.	If I was famous, I would be a pop artist.
<b>K</b>	<b>V</b>	<b>A</b>
I like playing outside.	I like watching my favourite TV programme.	I like listening to my favourite music.



<b>K</b>	<b>V</b>	<b>A</b>
I get distracted if I see something or someone outside the window.	I get distracted if I hear something happening outside.	I can't concentrate if I have to sit still for a long time.
<b>V</b>	<b>A</b>	<b>K</b>
I am good at drawing.	I am good at making things.	I am a good listener.
<b>V</b>	<b>K</b>	<b>A</b>
I would like to be a TV presenter.	I would like to be an engineer.	I would like to be a designer or artist.
<b>A</b>	<b>K</b>	<b>V</b>
In my spare time, I like to play sport or dance.	In my spare time, I like to watch TV or YouTube videos.	In my spare time, I like listening to music.
<b>K</b>	<b>V</b>	<b>A</b>
'Spot the Difference' games are fun.	'Name the song' games are fun.	Difficult video games with endless levels are fun.
<b>V</b>	<b>A</b>	<b>K</b>
If I needed to assemble furniture, I would ask somebody to explain how or read the instructions to me.	If I needed to assemble furniture, I would work out which pieces fit together.	If I needed to assemble furniture, I would study the diagrams that come with the furniture.
<b>A</b>	<b>K</b>	<b>V</b>



## EXAMPLE BARCHART...



This student learns mainly by doing things (Kinaesthetic), but also learns from seeing (Visual) and listening (Auditory).

## How do you compare?

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